

Links to Some 12-Step Organisations, Which You May Find Helpful:

Alcohol

www.alcoholics-anonymous.org.uk

For Family and Friends Alcohol

www.al-anonuk.org.uk

Narcotics Anonymous

www.ukna.org

Cocaine Anonymous

www.cauk.org.uk

Co-dependency

www.coda-uk.org

Sex Addiction

www.sexaa.org

Sex and Love

www.slaauk.org

Overeaters

www.oagb.org.uk

Food

www.foodaddicts.org

Gambling

www.gamblersanonymous.org.uk